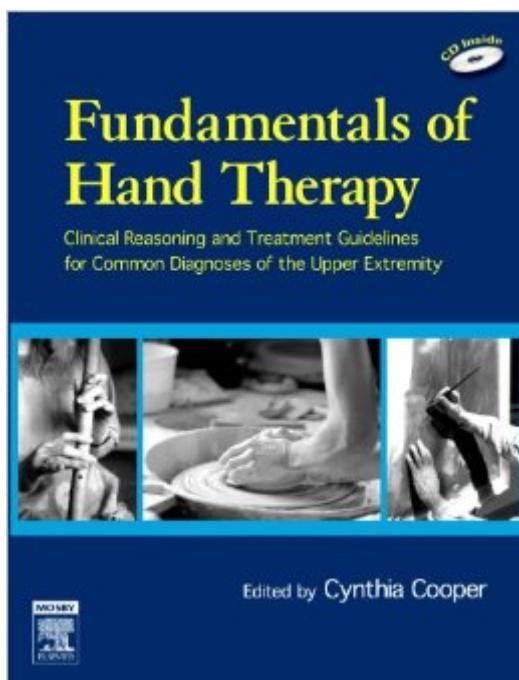


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# **Fundamentals Of Hand Therapy: Clinical Reasoning And Treatment Guidelines For Common Diagnoses Of The Upper Extremity**



## Synopsis

This illustrated text and reference emphasizes the fundamentals of hand therapy • for both specialists and non-specialists who encounter clients with hand issues. It provides a consistent format with tips and guidelines for hand therapy treatment. Coverage includes hand anatomy, key terms and concepts, and the evaluation process. A focus on professional issues includes clients with functional somatic syndromes and challenging behavior, client-therapist rapport, and the roles of therapy assistants. Providing many case studies, this text helps therapists think critically about clients' individual needs. Emphasizes the development of clinical reasoning skills, describing the components of the evaluation process and addressing how to decide what to evaluate. Covers a broad array of common diagnoses seen in hand therapy, including shoulder and elbow disorders, peripheral nerve problems, wrist and hand fractures, tendonitis and tendonosis, finger sprains and deformities, tendon injuries, arthritis, burns, infections, ganglion cysts, stiffness, Dupuytrens, and pediatric and geriatric hand problems. Diagnostic-specific information and treatment guidelines follow a consistent format: Overview, Diagnosis and pathology, Timelines and healing, Anatomy, Treatment (non-operative and/or operative), Questions to ask the doctor, What to say to clients, Evaluation tips, Diagnosis-specific information that affects clinical reasoning, Tips from the field, Precautions and concerns, Role of therapy assistants, Case examples, Offers topics to use as mental prompts when working in the clinical setting, Questions to ask the doctor, What to say to clients, Tips from the field, Precautions and concerns, Over 400 illustrations in the text and on the CD demonstrate important concepts. Case studies in the common diagnoses chapters demonstrate the use of clinical reasoning and highlight the "human" side of each client encounter. Clinical pearls and precautions share advice from the author and contributors, learned from years of clinical experience. Describes the role of the therapy assistant with the client, showing how the therapy assistant may be included in the therapy process. Glossary includes key terms from the text, offering easy access to definitions of key terms. CD provides samples of hand therapy exercises and clinical forms that may be used with clients.

## Book Information

Hardcover: 576 pages

Publisher: Mosby; unknown edition (July 31, 2006)

Language: English

ISBN-10: 0323033865

ISBN-13: 978-0323033862

Product Dimensions: 11 x 8.7 x 1 inches

Shipping Weight: 3.1 pounds

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (21 customer reviews)

Best Sellers Rank: #712,685 in Books (See Top 100 in Books) #65 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Occupational & Industrial Medicine #96 in Books > Medical Books > Medicine > Internal Medicine > Occupational #538 in Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Occupational Therapy

## Customer Reviews

Great text with helpful illustrations and tips. Clearly written, enjoyable to read. Useful for new and seasoned as well. I started practicing Hand Therapy in 1984, took a break for about 10 years, went back just over a year ago. Unfortunately let my certification lapse. Bought this to help me prepare to re-take the CHT exam, and as an aid in teaching a new graduate. I'm very pleased with my choice. The online resources are not as extensive as I hoped, but are useful for visual learners.

I find this textbook very helpful in my every day practice. It has nicely delineated clinical application tips to pay attention to during evaluation and treatment process. Absolutely irreplaceable for a beginner-OT practicing in hand therapy.

I found this book to be incrediblility useful. I am a recent OTA graduate hired on for a OTR/L CHT (hand therapist). This book brought me up to speed and ready to start working. I will probably keep this book as a good reference for many years.

I love this book!! It has a lot of information in a clear way to easy understand. Also anatomy was easy to enjoy :). Examples and pictures help a lot to understand most of the concepts.

Simple yet effective book that has great clinical information for the new student. I would recommend this for anyone wishing to better their understanding of the upper extremity and common diagnoses.

I bought the newer version first and realized I didn't need it. this one is cheaper and has the same information in it. Its also the one that I need for my study.Great quality, too - as new

This text would be very useful for anyone interested in working in upper limb rehabilitation in the

future. It offers great insight and information about real life clinical situations likely to be experienced once in the field. I am very happy with this purchase.

Great resource book. This really helped with getting ready for my Nation Occupational Therapy Boards. I'll know exactly how much after I take my boards.

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